

Help Shape the Future of Farm to School in Your District!

What is the CT Fresh Ed Compass?

The [CT Fresh Ed Compass](#) is a tool created by the Connecticut State Department of Education and the University of Connecticut to help schools grow and strengthen their Farm to School efforts. It's a snapshot of what your district is already doing — and where there are opportunities to do even more with local food, hands-on learning, and community engagement.

Why Should You Be Involved?

Farm to School isn't just about what's on the lunch tray — it's about connecting the cafeteria, classroom, and community. That means YOU — whether you're a curriculum director, health and nutrition lead, family engagement coordinator, or PTO member — have key insights that will shape a more complete, accurate, and meaningful plan.

Your input helps:

- Highlight what's already happening in your schools
- Identify where more support or resources are needed
- Strengthen collaboration across departments
- Unlock future funding opportunities
- Support student wellness, engagement, and learning

Where You Fit In:

The “Best Practices & Needs Assessment” section of the Compass covers Farm to School efforts across three key areas: **Cafeteria, Classroom, and Community**. While foodservice staff will provide information about cafeteria activities, your expertise is especially valuable in the following:

Classroom

- School gardens
- Curriculum connections to food, farming, or the environment
- Nutrition Education
- Projects that explore culture, health, or sustainability



Community

- Family events that celebrate healthy, local food
- Farm to School promotions and outreach to parents/caregivers
- Partnerships with local farms or community organizations



Your participation ensures the CT Fresh Ed Compass reflects what's really happening in your schools — and where we can grow next!